

- 1 ☐ **Bare-Bones:
Lessons from Life, Orthopaedics (and the Movies)**
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- 2 ☐ **“Bare-Bones”**
 - Only what is necessary
 - The most essential components
 - The irreducible minimum
- 3 ☐ **Doctor-Patient Communications and Approach to Patient**
- 4 ☐ **“Every doctor becomes a patient somewhere down the line.”**
- Dr. Jack MacKee
The Doctor, 1991
- 5 ☐ **Loss of Identity: Depersonalization**
 - Use appropriate patient titles
 - Provide simple, basic courtesy when greeting
 - Instruct staff to do same
- 6 ☐ **Patients Are Impatient: No One Likes to Wait!**
 - Plan a manageable schedule
 - Stay on time in clinic and in OR
 - Train your staff to be punctual
- 7 ☐ **Remembering Instructions May Be Difficult**
 - Written instructions are helpful
 - Use PA, NP, patient portal to educate patients
 - Follow-up phone call to confirm plan is executed
- 8 ☐ **Loss of Control
Paternalism vs Shared Decision-Making**
 - Paternalism – Physician-directed treatment
 - Shared decision – Patient included in process
 - Surgeon must make recommendations clear
 - Should not relinquish decision-making to patient
 - Some patients need guidance, persuasion
 - Some should not be offered elective procedures

- Patient selection is key to good outcomes

9 ☐ **Approach to the Patient**

- Take a genuine interest in each patient
- Allow sufficient time, sit down, make eye contact
- Not simple exercise in making correct diagnosis
- Convey competence and confidence to patient
- Consider necessity of defensive interventions
- Patient education on diagnosis, treatment options
- Informed consent is a process, not a document
- Thorough discussion of potential complications

10 ☐ **“People don’t care how much you know until they know how much you care.”**

- Theodore Roosevelt

11 ☐ **Surgical Complications and Approach to Practice**

12 ☐ **“A man’s got to know his limitations.”**

- Harry Callahan

Magnum Force, 1973

13 ☐ **How do you know what you don’t know?**

14 ☐ **Illustrative Case: Problematic CTR**

- 39 yowf RHD homemaker, morbidly obese
- Progressive right hand median numbness
- Positive Durkan’s sign, Phalen’s test
- Static 2PD prolonged > 15 mm median distribution
- Prolonged median distal motor latency, 8 ms
- Open CTR, patient-requested general anesthesia
- Symptomatic relief, but 2PD > 15 mm M-R interval
- Median nerve was partially lacerated during CTR
- Turn-back of lacerated fascicle was required

15 ☐ **Complications may occur with virtually any operation even simple procedures such as trigger digit release or CTR. Every surgeon should be committed to CME and study of complications.**

16 ☐ **Approach to Orthopaedic Practice**

- Don’t be afraid to ask for help, consultation

- To call for help is *NOT* a sign of weakness
- Encourage patients to seek second opinions
- Operate within your area of expertise
- Use physician extenders to best advantage
- Examine surgical outcomes critically

17 ☐ **Approach to Complications**

- Accept complications as inevitable part of practice
- Minimize occurrence by patient selection
- Learning opportunities to improve performance
- Study complications, establish mandatory read file
- Good management is key to practice success

18 ☐ **Managing Complications**

- Comprehensive preoperative informed consent
- Full, prompt disclosure complication, implications
- Explain how it happened, express regret
- Formulate remediation plan, include partners
- Follow-up more frequently, spend more time
- Include family, referring physician in discussion
- Notify malpractice insurance carrier

19 ☐ **“A mistake that makes you humble is better than an achievement that makes you arrogant.”**
- Mudii

20 ☐ **Doctor-Staff Communications and Approach to Teamwork**

21 ☐ **Misconception: You can control every aspect of patient care in every setting and in every scenario**

Reality: You can't

22 ☐ **The World is NOT Perfect**

- Patient scheduled wrong date / time
- Outside MRI disk lost in radiology
- Patient not held NPO, case cancelled
- Dull drill bits not replaced in AO set
- Screw sizes / lengths missing from set
- Requested implant set not available
- Wrong implant / disposable opened

- Dropped instrument needs autoclaving
- 23 ☐ **“There’s no crying in baseball!”**
 - Jimmy Dugan
 A League of Their Own, 1992
- 24 ☐ **“Where do you train your nurses, Dauchau!?”**
 - Dr. Herbert Bock
 The Hospital, 1971
- 25 ☐ **Approach to Orthopaedic Team**
 - There’s no crying in orthopaedics!
 - Be nice to everyone, particularly to subordinates
 - Physicians are held to higher standard of behavior
 - “I’m sorry, that will never happen again!”
 - Surgeon is captain of the orthopaedic team
 - Lead during time outs, freely share what you know
- 26 ☐ **Via Christi Code of Conduct on Disruptive Behavior**
 - Derogatory, insulting or obscene language
 - Verbal or physical attacks on medical staff
 - Impertinent / inappropriate comments in record
 - Non-constructive criticism intended to intimidate
 - Refusal to accept Medical Staff assignments
 - Deliberate destruction of Medical Center property
- 27 ☐ **Service to Others and the Power of Prayer**
- 28 ☐ **“We’re on a mission from God.”**
 - Elwood Blues
 The Blues Brothers, 1980
- 29 ☐ **What’s Really Important?**
 - Faith
 - Family
 - Friends
 - Legacy of Service
- 30 ☐ **Approach to Medicine: A Life of Service**
 - Respect for patients and their autonomy
 - Non-maleficence – First, do not harm
 - Beneficence – Act in patient’s best interest

- Maintain patient confidentiality
- Justice – Fairness and equality providing service

31 ☐ **Via Christi: “in the way of Christ”**

32 ☐ **How to Pray**

- Thanksgiving
- Adoration
- Repentance
- Petition
- Specificity

33 ☐ **Mark 11:24**

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

34 ☐ **Matthew 15:28**

Then Jesus answered and said to her, “O woman, great is your faith! Let it be to you as you desire.” And her daughter was healed that very hour.

35 ☐ **Jeremiah 17:14**

Heal me, O Lord, and I shall be healed; save me, and I shall be saved...

36 ☐ **“Lord, make me an instrument of Your will on earth.”**

37 ☐ **Take Home Points**

- Treat your patients as you wish to be treated
- Know your own limitations in clinic, operating room
- Embrace your role as an orthopaedic team leader
- Understand the implications of your vocation
- Pray daily for His grace and His guidance

38 ☐ ***Thank You for Your Prayers!***